

## *Preventive Services for Non-Grandfathered Health Plans*

The Patient Protection and Affordable Care Act ("PPACA") requires Non-Grandfathered Health Plans to cover preventive services based on what the U.S. Preventive Services Task Force rated as an A or B preventive service. This list of services is subject to change as notified by the U.S. Department of Human and Health Services.

The following preventive services are covered on your BEST Life Non-Grandfathered Health Plan at 100% for both in- or out-of-network. To be covered at 100%, these services cannot be combined with a sickness visit. Your doctor will recommend preventive services based on your individual needs.



### Preventive Services for Children

- Alcohol/Drug Use assessments for adolescents
- Autism screening for children at 18 and 24 months
- Behavioral assessments for children of all ages
- Blood Pressure screening for children
- Cervical Dysplasia screening for sexually active females
- Congenital Hypothyroidism screening for newborns
- Depression screening for adolescents at higher risk
- Developmental screening for children under age 3, and surveillance throughout childhood
- Fluoride chemoprevention supplements for children without fluoride in their water source
- Gonorrhea preventive eye medication for newborns
- Hearing screening for all newborns
- Height, Weight and Body Mass Index measurements for children
- Hematocrit or Hemoglobin screening for children
- Hemoglobinopathies or sickle cell screening for newborns with "Genetic Disposition"
- HIV screening for adolescents at higher risk



- Immunization vaccines for children from birth to age 18 - doses, recommended ages, and recommended populations vary:
  - DtaP: Diphtheria, Tetanus, Pertussis
  - Haemophilus influenzae Type B
  - Hepatitis A and B
  - Human Papillomavirus (HPV)
  - Inactivated Poliovirus
  - Influenza
  - MMR: Measles, Mumps, Rubella
  - Meningococcal
  - Pneumococcal (PCV)
  - Rotavirus
  - Varicella
- Iron supplements for children ages 6 to 12 months at risk for anemia
- Lead screening for children at risk of exposure
- Medical History for all children
- Obesity screening and counseling
- Oral Health risk assessment for young children
- Phenylketonuria (PKU) screening for newborns
- Sexually Transmitted Infection (STI) prevention counseling for adolescents at higher risk
- Tuberculin testing for children at higher risk of tuberculosis
- Vision screening for all children
- For OH residents only:
  - Child Health Supervision (hearing screening)
  - Well baby and well child visits to be covered through age 21

## Preventive Services for Adults

- Abdominal aortic aneurysm (1 time screening for men of specified ages who have ever smoked)
- Alcohol misuse screening and counseling
- Aspirin use for men and women of certain ages
- Blood Pressure screening for all adults
- Cholesterol screening for adults of certain ages or at higher risk
- Colorectal Cancer screening for adults over 50 (PSA (Prostate Specific Antigen test included))
- Depression screening for adults
- Type 2 Diabetes screening for adults with high blood pressure
- Diet counseling for adults at higher risk for chronic disease



- For TX residents only:
  - Nutritional counseling for adult patients with hyperlipidemia and other known risk factors for cardiovascular and diet-related chronic disease. Can be delivered by primary physician
- HIV screening for all adults at higher risk
- Immunization vaccines for adults - doses, recommended ages and recommended populations vary:
 

|                                |                                  |
|--------------------------------|----------------------------------|
| - Hepatitis A & B              | - Meningococcal                  |
| - Herpes Zoster (Shingles)     | - Pneumococcal                   |
| - Human Papillomavirus (HPV)   | - Tetanus, Diphtheria, Pertussis |
| - Influenza                    | - Varicella                      |
| - MMR: Measles, Mumps, Rubella |                                  |
- Obesity screening and counseling for all adults
- Sexually Transmitted Infection (STI) prevention counseling for adults at higher risk
- Tobacco Use screening for all adults and cessation interventions for tobacco users
- Syphilis screening for all adults at higher risk

## Preventive Services for Women

- Anemia screening on a routine basis for pregnant women
- Annual Woman Care Exam
- Bacteriuria urinary tract or other infection screening for pregnant women
- BRCA counseling about genetic testing for women at higher risk
- Breast Cancer Mammography screening every 1 to 2 years for women over 40
- Breast Cancer Chemoprevention counseling for women at higher risk
- Breast Feeding interventions to support and promote breast feeding
- Cervical Cancer screening for sexually active women
- Chlamydia Infection screening for younger women and other women at higher risk

- Folic Acid supplements for women who may become pregnant
- Gonorrhea screening for all women at higher risk
- Hepatitis B screening for pregnant women over age 60, depending on risk factors
- Rh Incompatibility screening for all pregnant women, and follow-up testing for women at higher risk
- Syphilis screening for all pregnant women or other women at increased risk
- Tobacco Use screening and interventions for all women, and expanded counseling for pregnant tobacco users



Source: <http://www.healthcare.gov/law/about/provisions/services/lists.html>

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